

World Homeopathy Day

April 13, 2022

In news- The World Homeopathy Day is celebrated each year on April 10 to pay tribute to homeopathy and its contribution to the world of medicine.

About the day-

- The day aims to spread awareness about homeopathy as a form of medicine and work towards improving its success rate.
- The day (April 10) is observed on the **occasion of the birth anniversary of German physician Dr Christian Friedrich Samuel Hahnemann**, who was a German physician and the **founder of homeopathy**.
- Born in Paris on April 10, 1755, Hahnemann was an acclaimed scientist, great scholar, and linguist.
- He discovered the way to heal through the use of homeopathy.
- **The Law of Similars forming the basis of Homeopathy, though finds a mention in the teachings of Hippocrates and Paracelsus**, the credit of deriving an entire system of therapeutics from this principle, goes to the Christian Samuel Hahnemann.
- India celebrated the day with the theme '**People's Choice For Wellness.**'
- In India, homeopathy is as popular as Ayurveda, both of which fall under the purview of the AYUSH ministry.

What is Homeopathy?

- It is a pseudoscientific system of alternative medicine that generally works by triggering the healing responses of the patient's own body.
- It is a medical system based on the belief that the body can cure itself.
- Those who practice it use tiny amounts of natural

substances, like plants and minerals. They believe these stimulate the healing process.

- It believes that any sickness can be cured by inducing symptoms similar to it through doses of natural ingredients.
- Homeopathy medicines dismantle the origin of the disease completely and leave no chance for their revival in patients' bodies.
- Homeopathic preparations are termed *remedies* and are made using homeopathic dilution.
- In this process, the selected substance is repeatedly diluted until the final product is chemically indistinguishable from the diluent. Often not even a single molecule of the original substance can be expected to remain in the product.
- Between each dilution homeopaths may hit and/or shake the product, claiming this makes the diluent remember the original substance after its removal.
- Practitioners claim that such preparations, upon oral intake, can treat or cure disease.