

# Traditional medicine

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## Why in news?

In today's context, AYUSH indicated the relevance of this method.

## Concept:

- The system comes from traditional texts and cultural heritage and presents a healthy method to cure diseases.
- Subject to the growing challenges of Non-communicable Diseases (NCDs), lifestyle disorders, long term diseases, and multidrug resistant diseases, importance and demand for yoga, ayurveda, homeopathy, siddha and unani are growing.
- **Steps taken by government to restore it are:**
  - AYUSH defense wings and train hospitals are being developed.
  - Strategy to promote effective cross-learning and equitable interaction between new and conventional programs.
  - Provision for the integration of both systems at all levels of education, research and practice.
  - Including training in modern medicine for AYUSH practitioners through curriculum changes and vice versa.
  - Soft loans and funding to set up private clinics and AYUSH hospitals.
  - Building institutes in teaching and research excellence in AYUSH which would enhance traditional medicine's credibility and awareness.
  - 12,500 health centers and wellness centers are expected to be built under the Ayushman Bharat Mission.
  - The relative strengths, weaknesses, and function

of each system should be delineated.

- AYUSH practices, training quality and administrative should be standardized. Specific issues related to AYUSH analysis methods should be discussed.
- India could learn from the example of Chinese integration with western medicine. A smooth transition through medium-and long-term strategy should be expeditiously implemented to take into account significant push which is already underway in the world towards universal health care.
- Through India, the subordinated status of AYUSH can be addressed and its legitimate inclusion in mainstream health services promoted.