

Swasthya Rakshan Program

February 6, 2021

In news: Recently, the Minister of State for AYUSH in his written reply to Lok Sabha has mentioned Swasthya Raksha programme

About the Swasthya Raksha programme

'Swasthya Raksha Programme' launched by the AYUSH Ministry to promote health and health education in villages

It has been initiated through Central Council for Research in Ayurvedic Sciences (CCRAS), Central Council for Research in Unani Medicine (CCRUM), Central Council for Research in Homoeopathy (CCRH) and Central Council for Research in Siddha (CCRS) in selected districts/ villages with the **following aims and objectives:**

- To organize Swasthya Rakshan OPDs, Swasthya Parikshan Camps and Health/Hygiene awareness programme
- Awareness about cleanliness of domestic surroundings and environment.
- Provide medical aid/incidental support in the adopted Colonies/villages.
- Documentation of demographic information, food habits, hygiene conditions, seasons, lifestyle etc., incidence/prevalence of disease and their relation to the incidence of disease.
- Assessment of health status and propagation of Ayurvedic concept of pathya-apathya and extension of health care services.

Activities undertaken

Health Survey:

The Household and Individual Health Survey was undertaken during 2016-17 to identify risk factors and diseases prevalent

in a population over a specific period of time along with documentation of demographic information, food habits, hygiene conditions, seasons, lifestyle etc.

Medicare services:

Swasthya Rakshan OPDs/ camps were conducted on a weekly basis in 55 identified villages /colonies by 11 Institutes of Council for providing homeopathic treatment. Since inception 7028 Swasthya Rakshan Camps/OPDs have been organized and 392849 patients have been benefited with homoeopathic treatment.

SRP Awareness Campaigns/ Rallies

Mass campaigning through rallies for promotion of healthy lifestyles and hygiene were organized in school of identified villages. Nukkad Nataks and lectures were also organised focussing on personal, environmental & social hygiene in the villages involving school children

Central Council for Research in Ayurvedic Sciences (CCRAS)

- The Central Council for Research in Ayurvedic Sciences (CCRAS) is an autonomous body of the Ministry of AYUSH (Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homeopathy), Government of India.
- It is an apex body in India for the formulation, coordination, development and promotion of research on scientific lines in Ayurveda and Sowa-Rigpa system of medicine

Central Council for Research in Unani Medicine (CCRUM)

- The Central Council for Research in Unani Medicine (CCRUM) is an autonomous organization under the Ministry of AYUSH, Government of India.
- Since its establishment in 1978, the CCRUM as the apex government organization for research in Unani Medicine

has been engaged in conducting scientific research on the applied as well as fundamental aspects of Unani system of medicine.

- Consequently, over the past four decades of its existence, the Council has made significant strides in clinical research, drug standardization, survey and cultivation of medicinal

Central Council for Research in Homoeopathy (CCRH)

Central Council for Research in Homoeopathy (CCRH) is an apex research organization under Ministry of AYUSH, Govt. of India which undertakes, coordinates, develops, disseminates and promotes scientific research in Homoeopathy.

The Council formulates and conducts research programs/projects; collaborates with national and international institutes of excellence to undertake evidence based research in fundamental and applied aspects of Homoeopathy; monitors extra mural researches and propagates the research findings through monographs, journals, newsletters, I.E.&C. materials, seminars/workshops. Studies comply with the modern scientific parameters and research is undertaken with the goal that the outcome of research translates into practice and the benefit of the research is extended to the profession and the public.

Central Council for Research in Siddha (CCRS)

- The Central Council for Research in Siddha (CCRS) is an autonomous body registered under societies act in July 2010 under Dept. of AYUSH, presently Ministry of AYUSH), Government of India, New Delhi.
- It is an apex body in India for initiating, undertaking, formulating, developing, co-ordinating and promoting research in Siddha on scientific lines.
- CCRS is recognized as a Scientific and Industrial Research Organization (SIRO) by the Department of

Scientific and Industrial Research, Ministry of Science and Technology

- In September 2010, the Central Council for Research in Siddha (CCRS) was formed by bifurcation of the erstwhile Central Council for Research in Ayurveda and Siddha (CCRAS).