

# Rajiv Gandhi Scheme for Empowerment of Adolescent Girls (RGSEAG) - SABLA

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## About the Rajiv Gandhi Scheme for Empowerment of Adolescent Girls – SABLA

SABLA scheme was launched with the merging of Nutrition Programme for Adolescent Girls (NPAG) and Kishori Shakti Yojana (KSY)

**Launch: 2011**

**Ministry:** Ministry of Women and Child Development

### Objectives

- The objectives of the Scheme are to: Enable the AGs for self-development and empowerment
- Improve their nutrition and health status.
- Promote awareness about health, hygiene, nutrition, Adolescent Reproductive and Sexual Health (ARSH) and family and child care.
- Upgrade their home-based skills, life skills and tie up with National Skill Development Program (NSDP) for vocational skills
- Mainstream out of school AGs into formal/non formal education
- Provide information/guidance about existing public services such as PHC, CHC, Post Office, Bank, Police Station, etc

### Target Group

- It covers adolescent girls in the age group of 11-18 years under all ICDS projects in selected 200 districts

in all the States/UTs in the country.

- The target group is subdivided into two categories, viz. 11-15 & 15-18 years and interventions planned accordingly.
- The Scheme focuses on all out-of-school adolescent girls who would assemble at the Anganwadi Centre as per the time table and frequency decided by the States/UTs.
- The others, i.e., the school going girls would meet at the AWC at least twice a month and more frequently during vacations/holidays, where they will receive life skill education, nutrition & health education, awareness about other socio-legal issues etc

## **Services**

An integrated package of services is to be provided to AGs that would be as follows

- Nutrition provision
- Iron and Folic Acid (IFA) supplementation
- Health check-up and Referral services
- Nutrition & Health Education (NHE)
- Counseling/Guidance on family welfare, ARSH, child care practices and home management
- Life Skill Education and accessing public services
- Vocational training for girls aged 16 and above under National Skill Development Program (NSDP)

**Implementation:** SABLA scheme is being implemented using the platform of ICDS Scheme through Anganwadi Centers (AWCs).

## **Pattern and Functional Responsibility**

- RGSEAG will be a centrally sponsored scheme, implemented through the State Governments/UTs with 100% financial assistance from the Central Government for all inputs, except nutrition provision for which Government of India will share upto the extent of 50% of the financial norms or the actual expenditure incurred, whichever is less.

- The Ministry of Women and Child Development will be responsible for budgetary control and administration of the scheme from the Centre.
- At the State level, the Secretary of the Department of Women & Child Development/ Social Welfare dealing with ICDS will be responsible for the overall direction and implementation of the scheme.