

New Covid tongue symptoms

January 20, 2021

In news: Experts have identified 'COVID tongue' as a new Corona Virus symptom, WHO yet to confirm it

What is it?

- An epidemiologist at King's College London, Professor Tim Spector has found that one of the unusual warning signs of COVID-19 may be developing in the mouth
- He claims to be seeing an increase in the number of COVID patients suffering with uncomfortable symptoms in their mouth, such as coated tongue or 'COVID tongue' as he calls it.
- The epidemiologist also claims observing increasing numbers of Covid tongues and strange mouth ulcers in COVID-19 patients.

More about COVID tongue

- Although, fever, fatigue and dry cough are some of the most predominant signs of SARs-COV-02, a rare and 'strange symptom' has been established amongst COVID-19 patients in the recent past, which causes infection inside the mouth.
- COVID tongue can cause patches and ulcers all across your mouth. Though the tongue gets back to normal in a week's time
- 'COVID tongue' can cause serious infection inside the mouth and also form patches all over the tongue. This may seem alarming initially, it's a harmless condition, which will resolve itself in a few days or weeks.

List of of COVID-19 by WHO

- The list of symptoms that the World Health Organization(WHO) publishes has two categories—the

common symptoms and the not-so-common symptoms.

- **The common symptoms** enlisted are fever, dry cough, fatigue Runny and stuffy nose, Chest pain and shortness of breath
- **Other symptoms that are not very common**, according to WHO categorization, are—loss of taste or smell, nasal congestion, conjunctivitis, sore throat, joint pain or muscle pain, skin rashes, nausea, diarrhea and dizziness or chills.
- **Skin rashes:** It also included “different types of skin rashes” as a symptom of the disease that is less common.
- **The WHO symptom list also has symptoms for severe COVID-19 disease** and these include shortness of breath, loss of appetite, confusion, chest pain along with high temperature above 100 degree Fahrenheit.
- According to WHO Symptoms that can be even severe and are related to cognitive abilities are rare neurological complications like stroke, delirium, nerve damage etc.
- Apart from these, irritability, confusion, depression, anxiety, sleep disorders, reduced consciousness are also COVID-19 related symptoms in severe cases.