National Florence Nightingale Awards 2021

November 9, 2022

<u>In news</u>— The President of India presented the National Florence Nightingale Awards for the year 2021 to the Nursing professionals recently.

The National Florence Nightingale Awards -

These awards were instituted in the year 1973 by the Ministry of Health and Family Welfare, Government of India as a mark of recognition for the meritorious services rendered by the nurses and nursing professionals to the society.

Who is Florence Nightingale?

- Florence Nightingale, byname Lady with the Lamp, British nurse, statistician, and social reformer who was the foundational philosopher of modern nursing.
- She was born in Florence, Italy, on May 12, 1820, and was named after her birthplace, where her parents.
- However, she grew up and spent her life in England, living in Derbyshire, Hampshire, and London.
- Nightingale was put in charge of nursing British and allied soldiers in Turkey during the Crimean War.
- She spent many hours in the wards, and her night rounds giving personal care to the wounded established her image as the "Lady with the Lamp."
- Her efforts to formalize nursing education led her to establish the first scientifically based nursing school—the Nightingale School of Nursing, at St. Thomas' Hospital in London.
- She also was instrumental in setting up training for midwives and nurses in workhouse infirmaries.
- In 1859 she published her book Notes on Nursing: What It Is, and What It Is Not, a step-by-step guide explaining her methods for attending to the sick.

- She was the first woman awarded the Order of Merit (1907).
- International Nurses Day, observed annually on May 12,
 commemorates her birth and celebrates the important role of nurses in health care.
- WHO designated the year 2020 as the "Year of the Nurse and midwife", in honour of the 200th birth anniversary of Florence Nightingale.