Nairobi flies

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<u>In news</u>— Recently, around 100 students of an engineering college in East Sikkim have reported skin infections after coming in contact with Nairobi flies.

About Nairobi flies-

- Nairobi flies, also called Kenyan flies or dragon bugs, are small, beetle-like insects that belong to two species,
 - Paederus eximius and
 - Paederus sabaeus.
- They are orange and black in colour, and thrive in areas with high rainfall, as has been witnessed in Sikkim in the past few weeks.
- Like most insects, the beetles are attracted by bright light.
- Usually, the insects attack pests that consume crops and are beneficial for humans, but at times they come in contact with humans directly are cause harm.
- These flies do not bite, but if disturbed while sitting on anyone's skin, they release a potent acidic substance that causes burns.
- This substance is called pederin, and can cause irritation if it comes in contact with the skin, leading to lesions or unusual marks or colouring on the skin.
- The skin begins to heal in a week or two, but some secondary infections can occur, especially if the victim scratches the irritated skin.
- Major outbreaks associated with these flies have happened in Kenya and other parts of eastern Africa.
- In 1998, unusually heavy rain caused a large number of insects to come into the region.
- Outside Africa, outbreaks have happened in India, Japan,
 Israel, and Paraguay in the past.