

Kishori Shakti Yojana

December 10, 2019

Source: *PIB & Ministry of Women and Child Development*

Objectives

The broad objectives of the Scheme are to improve the nutritional, health and development status of adolescent girls, promote awareness of health, hygiene, nutrition and family care, link them to opportunities for learning life skills, going back to school, help them gain a better understanding of their social environment and take initiative to become productive members of society.

Key features

- Kishori Shakti Yojana (KSY) seeks to empower adolescent girls, so as to enable them to take charge of their lives.
- It is viewed as a holistic initiative for the development of adolescent girls.
- The programme through its interventions **aims at bringing about a difference in the lives of adolescent girls.**
- It seeks to provide them with an **opportunity to realize their full potential.**
- **This scheme is a redesign of the already existing Adolescent Girls (AG) Scheme** being implemented as a component under the centrally sponsored Integrated Child Development Services (ICDS) Scheme.
- The new scheme dramatically extends the coverage of the earlier scheme with significant content enrichment, strengthens the training component, particularly in skill development, aspects aimed at empowerment and enhanced self-perception.
- **It also fosters convergence with other sectoral programmes,** addressing the interrelated needs of

adolescent girls and women.

Kishori Health Cards

- States are maintaining Kishori Health Cards for Adolescent Girls in Angawadi Centres (AWCs) to record the information about the weight, height, Body Mass Index (BMI) along with other services provided under the scheme.
- The details of achievements/outcomes made under the scheme are marked on Kishori Health Card and the card also carries important milestones of Adolescent Girls' life including mainstreaming them into the schools.