## Jardalu mangoes

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In news- The first commercial consignment of Geographical Indications (GI) certified Jardalu mangoes from Bihar was exported to the United Kingdom recently.

## About the mangoes-

- APEDA, in collaboration with the Bihar government, Indian High Commission & Invest India, exported the mangoes.
- With distinct aroma and taste, Jardalu mangoes from Bhagalpur district of Bihar received GI certification in 2018.
- It is considered as a **safe fruit for even those who have been diagnosed with diabetes** or have a poor digestive system.
- It is **rich with fibre and enzymes** that are highly beneficial to the abdominal muscles and digestive system.
- Mango in India is also referred to as 'king of fruits' and referred to as Kalpavriksha (wish granting tree) in ancient scriptures.
- Uttar Pradesh, Bihar, Andhra Pradesh, Telangana,
  Karnataka are major mango producing states.