

International Conference on Yoga for Heart care

November 20, 2019

Source: PIB

The Ministry of AYUSH organized the International Conference on Yoga on 15-16 November 2019 at Mysuru, Karnataka.

Key highlights

- **The theme of the conference is 'Yoga for Heart Care'**
- Indian Missions in countries with whom the ministry has some kind of cooperation such as MoUs, Chairs, Information cells, etc. have been requested to identify two prominent Yoga experts or enthusiasts from the country/countries under their jurisdiction, who would be interested to participate in the Conference to enable them capture and understand various dimensions of Yoga, and could help them to further propagate the same in their respective countries.
- The Ministry of AYUSH bears the expenses on local hospitality including boarding, lodging, local transport, of the nominated yoga experts/ enthusiasts.
- **This conference is the fifth in the series** to commemorate the unanimous adoption of Resolution by the United Nations General Assembly during its 69th Session for observing 21st June as International Day of Yoga.