

Historical Gastronomica – The Indus Dining Experience

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Source: *PIB*

The National Museum, New Delhi hosted a unique exhibition on India's **ancient food history “Historical Gastronomica – The Indus Dining Experience”** from 19th to 25th February that goes back to more than 5000 years ago.

Key highlights

- **‘Indus Dining Experience’ – curated jointly by the National Museum and One Station Million Stories (OSMS) – is based on archaeological research, museum artefacts and their characteristics.**
- The exhibition in the National Museum featured
 1. an illustrative story of man's food history since his evolution and continues to conclude at the Indus-Saraswati Civilization
 2. Gallery Walk: Use of Harrapan pottery and artefacts
 3. Food Tasting: finger-food samplers and dinners. **A model of a Late Harappan Kitchen and other specially designed exhibits** – recreated by OSMS take viewers back to the Harappan era.
- The exhibition demonstrated how the first humans evolved due to food habits, learnt to distinguish edible from non-edible substance, food processing techniques and related architecture of the Harappans.
- It also showed how Climate Change defined and continues to define Food Security.
- **Genomic data from diverse present-day South Asians reveal that there is a continuity in our ancestral lineage linking us to the Iranian agriculturalists and**

South Asian hunter-gathers. Combined with the traditional knowledge of cooking styles and methods **still practiced in present-day villages of Rajasthan, Haryana, Punjab, Sindh, and Baloch,** it is possible that our basic diet bears more similarities to present-day consumption than differences as these area matters of innate taste.

- One Station Million Stories **is a Delhi-based dynamic team** that specializes in the craft of storytelling through extensive technical research.