

# e-Sanjeevani

January 16, 2021

**In News:** eSanjeevani, Health Ministry's national telemedicine initiative today completed 9 lakh consultations.

- **About e-Sanjeevani**
- It is a national telemedicine service that offers tele-consultations enabling patient to doctor consultations from the confines of their home, as well as doctor to doctor consultations.
- **The Ministry of Health & Family Welfare** has launched two variants of e-Sanjeevani namely –
  - **e-Sanjeevani AB-HWC** which is meant for **doctor – to – doctor** tele consultations
  - **e-Sanjeevani OPD** which is meant for **patient – to – doctor** tele consultation
- The **former is being implemented under the Ayushman Bharat Health and Wellness Centre (AB-HWCs)** programme.
- The telemedicine platform is hosting over 40 online OPDs, more than half of these are speciality OPDs which include Gynaecology, Psychiatry, Dermatology, ENT, Ophthalmology, antiretroviral therapy (ART) for the AIDS/HIV patients, Non-Communicable Disease (NCD) etc.
- **E-Sanjeevani OPD (out-patient department)** is a telemedicine variant for the public to seek health services remotely; it was rolled out on 13th of April 2020 during the first lockdown in the country.
- It enables virtual meetings between the patients and doctors & specialists from geographically dispersed locations, through video conferencing that occurs in real-time.
- At the end of these remote consultations,

eSanjeevani generates electronic prescriptions which can be used for sourcing medicines.

- **Andhra Pradesh was the first state to roll out e-Sanjeevani AB-HWC services in November 2019.**
- At present, e-Sanjeevani OPD is hosting 27 general OPDs and 190 super speciality and specialty OPD. So far e-Sanjeevani OPD has been rolled out by 27 States and UTs.

### **Benefits of telemedicine**

- **Transportation:** Patients can avoid spending gas money or wasting time in traffic with video consultations.
- **No missing work:** Today, individuals can schedule a consultation during a work break or even after work hours.
- **Childcare/Eldercare Challenges:** Those who struggle to find care options can use telemedicine solutions.

### **Ayushman Bharat:**

- Launched as recommended by the National Health Policy 2017, to achieve the vision of Universal Health Coverage (UHC).
- This initiative has been designed on the lines to meet SDG and its underlining commitment, which is “leave no one behind”.
- Aim: to undertake path breaking interventions to holistically address health (covering prevention, promotion and ambulatory care), at primary, secondary and tertiary level.
- Includes the on-going centrally sponsored schemes – Senior Citizen Health Insurance Scheme (SCHIS) and Rashtriya Swasthya Bima Yojana (RSBY).

Ayushman Bharat adopts a continuum of care approach, comprising of two interrelated components, which are:

- Health and Wellness Centres (HWCs).

- Pradhan Mantri Jan Arogya Yojana (PM-JAY).


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## How Telemedicine Works

From Google Play store, download the app 'esanjeevaniopd.in' on your android device, and follow these steps



**STEP 1**  
**Registration and token generation**



- Verify mobile number using OTP
- Fill patient registration form
- Request for a token
- Upload health records, if any
- Receive patient ID and token on SMS

**STEP 2**  
**Login**

- Wait for SMS to login
- Login with patient ID

**STEP 3**  
**Waiting room**



- Enter the virtual waiting room
- A 'call now' button will get activated in a while
- Start a video call

**STEP 4**  
**Consultation**



- Doctor will show up
- Consult the doctor
- Get instant e-prescription