

# Ayurveda Medicines for Treating Lifestyle Diseases

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***Source: PIB***

Ministry of AYUSH in collaboration with Ministry of Health & Family Welfare has implemented a project viz **Integration of AYUSH (Ayurveda) with National Programme for Prevention and Control of Cancer, Diabetes, Cardio-vascular Diseases and Stroke (NPCDCS) program in the identified Districts.**

## **Key Highlights**

- For comprehensive management of lifestyle related disorders, a pilot project on 'Integration of AYUSH with NPCDCS' has been initiated in six districts(as in 2017), namely;
  1. Bhilwara (Rajasthan), Gaya (Bihar), Surendranagar (Gujarat) **under Central Council for Research in Ayurvedic Sciences (CCRAS)**
  2. Lakhimpur-Kheri (Uttar Pradesh) under Central Council for Research in Unani Medicine (CCRUM); and Krishna (Andhra Pradesh) and Darjeeling (West Bengal) **under Central Council for Research in Homeopathy (CCRH).**
- Synergy is being harnessed between the Allopathy system under NPCDCS and the alternative systems of medicine under AYUSH, for prevention and management of 'lifestyle-related' common NCDs.
- Besides health promotion and patient management services at the NCD/Lifestyle Clinics, training on Yoga are also provided through an integrated Yoga programme.
- The government is planning to expand NPCDCS-AYUSH

integration project to more districts of the country.