

Attention-Deficit Hyperactivity Disorder (ADHD)

October 22, 2022

In news- The US Food and Drug Administration (FDA) has recently announced a shortage of Adderall, medication used to treat attention-deficit hyperactivity disorder (ADHD).

What is ADHD?

- ADHD is a neurodevelopmental condition.
- It involves **difficulties focusing attention** (for example, in class or at work) and/or excessive levels of activity (for example, being restless and constantly on the go) and/or impulsivity (for example, acting without thinking).
- It is most commonly diagnosed in childhood but is increasingly being recognised in adults.
- ADHD can occur in males or females and often occurs with other difficulties, such as autism and learning disorders.
- It may contribute to low self-esteem, troubled relationships and difficulty at school or work.
- Children with ADHD may have trouble paying attention, controlling impulsive behaviors (may act without thinking about what the result will be), or be overly active.
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- Treatments include medication and talk therapy.

Types-

There are three different ways ADHD presents itself, depending on which types of symptoms are strongest in the individual:

- **Predominantly Inattentive Presentation:** It is hard for the individual to organize or finish a task, to pay

attention to details, or to follow instructions or conversations. The person is easily distracted or forgets details of daily routines.

- **Predominantly Hyperactive-Impulsive Presentation:** The person fidgets and talks a lot. It is hard to sit still for long (e.g., for a meal or while doing homework). Smaller children may run, jump or climb constantly. The individual feels restless and has trouble with impulsivity.
- **Combined Presentation:** Symptoms of the above two types are equally present in the person.